

Brainstorming Presentation by Parents Changing Spaces

Parents Changing Spaces

A Free Senior Living Referral Service
844.7.PARENT

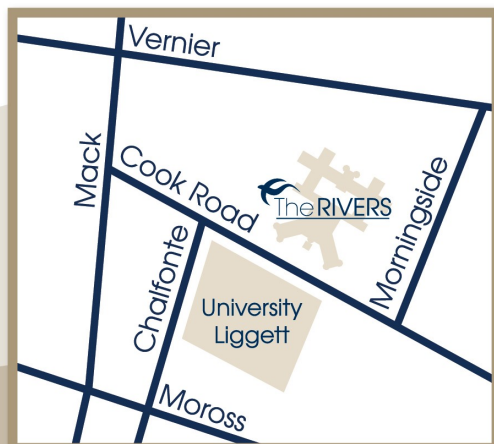
Shake up your brain with fun, new activities that stimulate and invigorate your thinking. This interactive presentation, created at Wayne State University, teaches brain basics while challenging you to replace old routines with fresh pursuits. With effort, we can create new brain cells. Make them matter. Build healthy habits for a happy brain at Brainstorming.



Wednesday, August 21st at 11 am
Light refreshments will be served.

Independent Living Multipurpose Room
Parking in the front of the community.
(Independent Living entrance facing Cook Road.)

RSVP: by August 19th to reserve your seat!
Front Desk: 313-885-5005



Independent Living • Assisted Living • Memory Care • Skilled Rehabilitation
www.theriversgrossepointe.com



Independent Living– 900 Cook Rd– Grosse Pointe Woods

Outings



August 1st, we will enjoy lunch & shopping at Partridge Creek. August 8th we will take a trip to the Woods park for a picnic and stroll by the water. August 15th, we will return to Port Huron for a visit to the



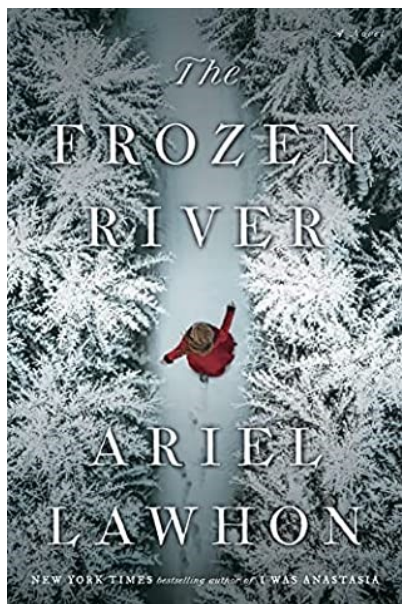
Thomas Edison Depot Museum and followed by lunch. The cost of the tour is \$3 (cash only).

August 22nd, we will have lunch by the water at Watermark Bar & Grill. August 29th, we



will enjoy lunch at Coriander Kitchen and a tour of Detroit Abloom. If you are interested in attending any of these outings, please make sure to sign up at the front desk as space is limited.

Book Club



Maine, 1789: When the Kennebec River freezes, entombing a man in the ice, Martha Ballard is summoned to examine the body and determine cause of death. As a midwife and healer, she is privy to much of what goes on behind closed doors in Hallowell. Her diary is a record of every birth and death, crime and debacle that unfolds in the close-knit community. Months earlier, Martha documented the details of an alleged rape committed by two of the town's most respected gentlemen—one of whom has now been found dead in the ice. But when a local physician undermines her conclusion, declaring the death to be an accident, Martha is


forced to investigate the shocking murder on her own.

Over the course of one winter, as the trial nears, and whispers and prejudices mount, Martha doggedly pursues the truth. Her diary soon lands at the center of the scandal, implicating those she loves, and compelling Martha to decide where her own loyalties lie.

Clever, layered, and subversive, Ariel Lawhon's newest offering introduces an unsung heroine who refused to accept anything less than justice at a time when women were considered best seen and not heard. *The Frozen River* is a thrilling, tense, and tender story about a remarkable woman who left an unparalleled legacy yet remains nearly forgotten to this day.

Resident of the Month

Congratulations to Don Krieger on being chosen as Resident of the Month. One nomination said this "He is always willing to help". Thank you to Don for being just a bright light here at The Rivers.



Back to School SUPPLY DRIVE

DONATIONS WILL BE GIVEN TO CHILDREN OF THE RIVERS STAFF

WE ARE COLLECTING:

- NO.2 PENCILS, RED PENS, NOTEBOOKS, CRAYONS, MARKERS, COLORED PENCILS, ERASERS, SCISSORS, CALCULATORS, SHARPIES, GLUE, FOLDERS, COMPOSITION NOTEBOOKS, CLOROX WIPES, HAND SANITIZERS, ETC.

NOW UNTIL AUGUST 23RD

Drop-off Location:

THERE WILL BE TWO BOXES FOR DONATION DROP OFF. ONE IS LOCATED BY SECURITY, THE OTHER ACROSS FROM THE FRONT DESK.

Movie Matinee

Join us every Tuesday at 1pm in the TV room for popcorn and a movie. At this time there is no set viewing schedule.

Testimonials & Tacos

On Friday the 9th at 2pm join us in the Pub. Join us for tacos and testimonials. We want to hear from you and why you love living in The Rivers community. We always strive for exceptional resident service and treasure our resident's journey!



Mount Clemens



Dining Services

- **Breakfast** Monday– Saturday 7:30am-8am (Delivered to your apartment)
- **Café (Lunch)** Monday-Saturday 11:00am– 2:00pm (dine in, carry out, outdoor seating)
- **Dinner** Monday– Sunday 4:30pm– 7:00pm
 - Last seating is at 6:30pm
- **Seated dinner services are available 7 days a week.**
- **Reservations:**
 - Please make a reservation at the front desk if you are inviting guests or family. Reservations for dining can be made for seating during the hours of 4:30pm and 6:30pm.
 - Reservations are required for members of the condos and their guests. Condo members can make reservations from 4:30pm– 5:45pm.
 - Please remember if you have guests that arrive after 6pm, it will be your responsibility to let them into the building as the doors lock after 6pm.
- **Carry out delivery**
 - Dinner delivery is available 7 nights a week for a fee of \$3.
 - If you are interested in receiving carry-out you can pick up a menu at the front desk to fill out.
 - That menu should be returned to the front desk by 3:00pm.

International Dinner (India)

On August 28 th at 5:30pm we will travel to India for our International Dinner. The normal dinner menu will not be available this night and the cost of the dinner is \$20. Please sign up at the front desk by August 26th.



Welcome to the Neighborhood

Welcome to the neighborhood Sigrid Carlson (Apt 227). Feel free to stop by and introduce yourself to your new neighbor!



Iced Tea on the Patio



Every Wednesday at 10am join us in the patio located outside of the Multipurpose room.

Flower Arranging Workshop

August 20th at 3:00pm in the Multipurpose room we will enjoy making an end of summer-inspired floral arrangement. Every month we will make a new seasonal arrangement (flowers, container and foam provided). Space is limited, please make sure to sign up at the front desk.

July Birthday's

- 8/1 Harriett Lafer
- 8/7 Jack Hartman
- 8/11 Barb Walters
- 8/19 Karen Wild



4th of
July
Lunch

Ice Cream on the Patio

Mondays at 2pm we will enjoy ice cream on our café patio. If the weather is not favorable to this activity we will enjoy our ice cream in the pub. Please see the calendar for exact dates.



In Honor of National Senior Citizen's Day
JOIN US FOR AN OUTDOOR CARNIVAL OPEN HOUSE

The RIVERS
Grosse Pointe
900 Cook Road
Grosse Pointe Woods, 48236

Wednesday, August 21st
Noon - 3 pm

RSVP: by August 15th
Front Desk: 313-885-5005

FEATURING
CARNIVAL GAMES
CORNDOGS • FRIES
POPCORN
LEMONADE SHAKEUPS
SNOW CONES • CHURROS
BALLOON ANIMALS
TEMPORARY TATTOOS
AND PRIZES

ADMIT ONE
SECTOR ROW SEAT
TICKET № 1234567

Morning Meet Up



Join us on Monday mornings at 9:30am in the courtyard located outside of the Multipurpose room. During this time we will go over what we did over the weekend, discuss our plans for the week and get to know our neighbors more. Light refreshments will be served. This is open to all.

Root Beer Floats

Wednesday at 2pm on the café patio root beer floats will be served. Root Beer floats will be served from 2-2:30pm



The Rivers Team

Tammy Kaleta

Executive Director/ Business Manager: 313-821-7065

Front Desk

Maureen, Betty, Karen, Julie, Carrie : 313-885-5005

Jarvis Hales

Food & Beverage Director: 313-821-7078

Sydney Bishop

Director of Resident Life: 313-821-7099

Maureen Hennessy

Sales & Marketing: 313-821-7072



Front Desk Hours

- Monday– Friday 8-6pm
- Sat-Sunday 8-4pm
- Doors will lock when the front desk closes
- Residents and family members with a Rivers Badge will be able to enter the building after hours
- If you need a family pass, please see the front desk
- You can contact security after hours

Overnight Guests

Please obtain prior approval from the Executive Director for overnight guest requests.





Blood Pressure

Blood Pressure clinic dates will be August 9th and Wednesday August 21st at 10am in the chapel.

Mobile Library

Tuesday August 13th at 11am in the TV room Kathleen Gallagher will be at The Rivers for our Mobile Library. At this time you can check books out, sign up for a library card, and even find out how to reserve books on your phone.



Birthday Celebrations



Join us on August 2nd in the pub to celebrate all of our August birthdays. We will have cake, ice cream and a party game or two. We hope to see you there.

Labor Day Lunch

Join us on August 30th at 12:30pm in the dining room for our annual Labor Day lunch. Our menu includes hot dogs, burgers. Corn, beans and berry shortcake. If you are interested in attending please sign up at the front desk.

Resident Council/ Menu Round Table

On August 30th at 2pm Sydney (Activities), Jarvis (Food & Beverage), and Tammy (Executive Director) meet with you the residents in the pub to discuss the building, menus, and activities. This is a great time to learn all that is going on at The Rivers.

Resident Highlight

Have a neighbor you feel goes above and beyond? A neighbor that makes you feel The Rivers is a special place to live? Continuing this month I will be collecting votes for resident of the month. This resident will be highlighted in the next months newsletter. To vote please put a piece of paper with the residents name and why you are voting for them in the box located across from the front desk.



Sunday Movies

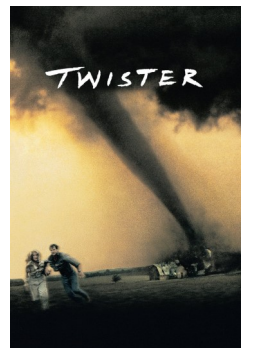
8/4 The Long Game



8/11 American Symphony



8/18 Twister



8/26 Good Will Hunting

